



Therapy SERVICES

Our rehabilitation staff is committed to assisting patients in regaining or restoring their abilities through therapy and education. They work toward this goal by helping patients overcome, reduce or prevent physical, social or emotional disabilities.

PHYSICAL THERAPY

Physical therapists provide rehabilitative services designed to restore mobility and decrease pain. Therapy may include therapeutic exercise, joint mobilization, manual therapy, vestibular and balance retraining, back-care education, skilled techniques and adaptation to prosthetic devices.

OCCUPATIONAL THERAPY

Occupational therapists guide and instruct patients with physical, developmental, social and emotional problems to help the patient learn how to function independently. Skilled treatment helps patients in activities of daily living through the use of adaptive equipment, family education, sensorimotor skills, exercise, hand therapy and orthopedic splinting for upper extremity dysfunction.

SPEECH-LANGUAGE PATHOLOGY

Speech pathologists evaluate, diagnose and treat speech, cognitive, communication and swallowing disorders. They can then assist the patient in recovering their speaking, eating, listening, reading, thinking and writing skills.

SPECIALTY PROGRAMS:

Sports Medicine Program

Outpatient Therapy Services helps injured athletes and aids in performance improvement. Our facility is designed to serve all active lifestyles from youth programs and school-age athletics to the weekend warrior.

Our program features orthopedic surgeons, sports-medicine physicians and primary-care physicians, as well as physical and occupational therapists to provide the community with a variety of programs and education on sports-injury reduction to improve performance. Our goal is to get you back in the game!

Aquatic Therapy

The Aquatic Therapy Program consists of performing walking and therapeutic exercises in a body of water. Aquatic therapy benefits include normalizing movements and gait with a goal of carrying over to land activities, thus maximizing functional movement.

Acute injuries affecting the trunk (body musculature, such as motor vehicle crashes, worker's compensation injuries, lumbar fusions, ACL repairs, rotator cuff repairs, total joint replacements, fibromyalgia and arthritis may benefit from aquatic therapy.

(continued from reverse)

SPECIALTY SERVICES:

Hand Therapy

A certified hand therapist treats hand and upper-extremity injuries, including orthopedic injuries, tendon injuries, neurological injuries, burns/trauma, overuse and arthritis.

Therapists can treat the patient through postoperative rehabilitation; preventative, non-operative, or conservative treatment; or industry consultation.

Women's Health

Our therapists will help you with Urinary incontinence, Pelvic Floor Dysfunction, Pregnancy and Post-partum changes, post-surgical conditions and other musculoskeletal problems including osteoporosis.

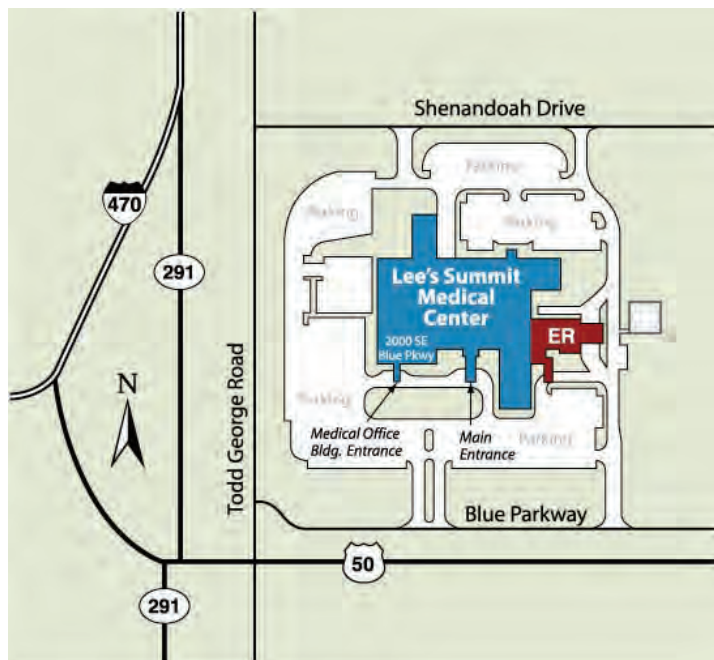
Pediatric Therapy

Therapists will evaluate and treat the physical impairments of children

from newborns to young adults. The main goal is to assist with mobility, functional skills and daily care. A hands-on approach is used along with therapeutic exercise and play activities

Neurological Therapy

We offer a team of highly skilled therapists specializing in therapeutic techniques for those people with diseases, trauma or disorders of the brain and/or spinal cord including Stroke, Parkinson's, Multiple Sclerosis, Spinal Cord injury, dizziness and other neuromuscular disorders. Each patient receives a multidisciplinary treatment plan individualized to the specific needs and goals of the patient. Specialized treatment programs include Post-Stroke Rehab, Vestibular Therapy, Balance and Gait Restoration and Brain Injury-Spinal Cord Rehab. Treatment is available for both acute and long term conditions on an Outpatient basis.



Outpatient Therapy Services is located in the Medical Office Building adjacent to the hospital.

2100 SE Blue Parkway • Lee's Summit, MO 64063
(816) 282-5985 Fax: (816) 282-5988

Lee's Summit Medical Center is proud to present a therapy program offering a highly trained team of surgeons, nurses, rehabilitation specialists and other medical personnel to develop a treatment plan specifically for each patient.