

Signs and symptoms of:

HEART ATTACK

- Uncomfortable pressure, fullness, squeezing or pain in the center of the chest lasting more than a few minutes.
- Pain spreading to the shoulders, neck or arms.
- Chest discomfort with lightheadedness, fainting, sweating, nausea or shortness of breath.

STROKE

- Sudden weakness or numbness of the face, arm or leg on one side of the body.
- Sudden dimness or loss of vision, particularly in one eye
- Loss of speech, or trouble talking or understanding speech
- Sudden, severe headaches with no apparent cause.
- Unexplained dizziness, unsteadiness or sudden falls, especially along with any of the previous symptoms.

Not all of these signs occur in every attack. If you notice one or more of these signs and they last more than a few minutes, don't wait. Call 9-1-1 right away!



The only Accredited Chest Pain Center and Primary Stroke Center in the community.

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